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Director's Message

Education is better when you are able to achieve the overall development of the person. "Educating for life" means you prepare the youngsters for facing life and its challenges confidently and with courage. Our academic program is organized in such a way so that students get opportunity to learn through various co-curricular activities. October to January is dedicated for the co-curricular development of our students. They get trained in sports, arts and theatre, participate in various events and competitions to improve their social and adaptive skills. They learn to cope with challenging situations. They get to meet people from all walks of life. October to January is also full of festivities and celebrations that help us to celebrate life even in the midst of adversities. This issue of Snehavaani captures the lives of our students with all these learning s and experiences.

Celebration with Champions



1500mts Run

“With HIV I can do anything”

“Champion in Me” for many of us is like going there, participating, winning the prizes and coming back, but for me it is something different. For me it is not just taking part in the event but to show others that YES I CAN ! Even infected *with HIV I can do anything* like any other students and run posi-



tively. This year was the 10th edition of Champion in me, and the theme was *celebrating our lives*. So we started to prepare ourselves for the event. I was selected to participate in 1000 Meters and Relay. I was so serious about practices and training. It was much easy to run 1000mts as I was already running 10k, but it is indeed tough to increase the speed for 1000mts. On 24th November was our champion in me. I was so happy to see and meet all my friends, teachers and volunteers. The sports event started with 1500mts race. The next announcement was for 1000mt race and I was a little bit nervous.

Then I felt whatever comes, win or lose but I will not lose this opportunity. So the race began and I started running and kept pacing with another girl and she was little far away from me and I thought I am going to lose this race. But for my surprise I saw myself moving faster and moved to the second place and I was so happy. It was the same feeling in relay but the difference was I was fully confident that we will win.

In the evening we had cultural programs with the theme of celebrating our lives. Each school did their creative performances; we also did our programs showing our life at Snehagram. I enjoyed the dance, songs, music and skit. I really had a great time of celebrating our lives together as one large family.

Gowthami

Prize Distribution



Sneha Run



Music Program



“I completed without stopping.”

I was eagerly waiting to go to Sneha Run 2018. To be selected I had to have good point in my running score sheet, so I practiced without missing even a single day. I was so thrilled when I was selected for the Run. I was so excited because I can meet all my old friends and happy to show that I can run 5k with good timing. In most of the runs the warm up section is done by running few rounds, stretches and jumps, but in Sneha Run it was a dance, I enjoyed the warming up session with Zumba *dance* and other dances. When the run started, I ran fast and

felt that it is so easy to run, I didn't bother who is running faster than me or who is running behind me, I kept my pace and only aim was to finish the run with good timing . It was so nice to see so many people running along with me, I tried to pace with few of them, after finishing 3kms I started feeling tired and felt like waking but I did not stop running, I continued and finished the run. Now it was the happiest time for me as I completed without stopping. Later I met my friends, and teachers. As soon as I came back I got a sound sleep. The whole day was filled with happiness and joy.

Meghana

Lei Bourns Challengers Cup 2018 (Futsal Tournament).

After the 1st semester exam I was upset for not doing well in exam. I kept myself busy at understanding why I didn't do well in the exams. Playing games help me to free from all these tensions. As the days passed, I came to know that we are going to have a tournament as we were invited by RICE MMS School in Hosur. We started our football training with the help of our coach Shinto José. Our coach taught us football tricks related to free kicks and penalty kicks. I participated fully in the training and finally I was selected for the



Ball in Air

“ We are short but strong enough to play because we have more stamina ”



Futsal 2nd Round

finally I was selected for the tournament. On 21st November eleven players were selected to participate in the tournament. My friends wished us best of luck for the match. Myself and friends started our journey with smile in our face and feeling proud in our hearts. When we reached RICE MMS campus I felt happy because of beautiful environment that was there, just like ours. As we went to the football ground I was so excited to see the ground with green grass. I was eagerly waiting for the match. I saw players from different schools marching for the tournament. I was little nervous to see all of them as they were so tall and well built, but our coach motivated and encouraged us by saying that “we are short but strong enough to play because we have more stamina.”

This sentence brought confidence into my heart. The tournament was inaugurated by hosting the Indian national flag, followed by a speech by Mr. Venkatesh the captain of Chennai football team. Listening to his speech I was proud to be captain of my team and decided to face the challenge for success of our team.

Interestingly it was not a regular football competition but Futsal competition, five a side football match.

For the first match we didn't know the rules and regulations properly and it confused us. We drew with both teams in the league and could not qualify to the next level. But we were happy, even though we could not make for second round.



But we played well and decide to learn more on Futsal.

Sanjay



Snehagram Futsal Tournament



Joy of Winning



finished well at the league matches and did well in the Quarterfinals and entered semi finals. It was really a hard fight because the opposite team was defending really well, it was difficult to shoot a goal, in the last 2 minutes we shot the first goal and that led us to the finals. The final was held on the next day, and our team members were mentally prepared well. On the day, the opposite team was strong as ours, the match began and we shot the first goal in the second minute and the second goal in the 3rd minute. The opposite team then scored two goals to level it. This made us scared and worried. So we kept 3 members as defenders and 2 as forwards, due to this we played very defensive game till the last moment, and in the last 3 minutes we scored the 3rd goal and we won the match. I was so thrilled and flooded with joy, I thanked the God for blessing us and we all now learned how to play Futsal game.

Nagaraju

December is the month of joy, sharing love, happiness, enjoyment, gifts and food. After our participation in the Futsal Tournament at RISE MMS, we were so excited about this new form of football game and decided to conduct a Tournament in our campus. From 5th December we conducted tournament for boys and the girls decided to have handball tournament. We were divided into 6 teams. I was in the 5th team. I was so happy to be with my team members. We named our team Super Strikers. At the first match we made it 4-0. This made our team so happy and confident. Next few games were easy and the next day matches were not easy as we thought. Now we got to know that we had taken it very lightly, so if we want to win then we had to plan well. So I discussed with my team members and planned well. Because of this we performed well in the following matches. We

“This made us scared and worried.”



Winners of Futsal 2018

Grammy Night



Grammy Night

"I learned not to delay the work and to be well prepared"

On 29th December we celebrated Grammy night with great joy. Grammy night is a celebration of Christmas with the Sneha family and all our benefactors. This year was the 6th edition of Grammy night. On this day we performed a beautiful cultural program and celebrated the joy of sharing our happiness with all. After the cultural program, we had wonderful dinner. This year, the celebration was arranged in a grand manner. I felt more excited to celebrate the Grammy night program because it was also a time of gathering of all our friends who helped us in building our lives. It was a good time of interaction with my friends from different

places. Many of them who had come appreciated our good works and were happy about our life in Snehagram.

In organizing this event I learned not to delay the work and to be well prepared without any confusion in doing my works. I learned to cooperate with group and contribute myself by doing my work on time without confusion on any of my tasks. It was indeed joyful event and I felt so happy.

Dhanush



Prayer dance

Christmas 2018

Christmas is the most beautiful time of the year in Snehagram. Our preparations began early and we were divided into different groups for making the Crib, decorating our staying places and the campus. I was preparing spiritually for Christmas by praying, helping the one in need and doing good things for my friends.



Joy of Christmas



On 25th December night we celebrated Christmas with holy Mass and prayers and continued with singing Carlos, dancing, sharing greetings and sweets. The day was full of celebrations. I felt that Lord was born in every one of us because I felt happy and calm. I was also able to recognize my small sins that I had been doing in my day today life.

I learned to control my wrong doing in and to live a happy life. I made my mind to work properly without postponing. I contributed to the full with joy to make the season cheerful and meaningful.

Dhanush

“I felt that Lord was born in every one of us ”

Theater Workshop



On 22nd December, Dhristi group from Christ University came to Snehagram to train us on street play which was a new topic for me. I felt very interested because each topic they conducted was done by using different activities and the actives helped me to understand better on each topic.

I was very interested in learning more about street play. It was very important to me to learn to do the expression, body language, voice modulation and acting.

I participated in the theater work-



Crib 2018



Dhristi Performance



I understood that street play was done to give awareness about social related issues. I enjoyed this workshop. They trained us to perform the same play for our Grammy Night. In the evening Dhrishti team performed a play based on the theme, “How to face the challenges of discrimination as we move out of

Snehagram”. I cried watching the play because it was based on our life. I understood the play in perspective of myself. Emotionally I felt that I was in need to face all kind of challenges in my life when I move out of protected place like Snehagram.

Bhavani

“Emotionally I felt that I was in need to face all kind of challenges in my life ”

Pongal Celebration



to cook the rice, outside in an earthen pot. As the rice was rising up we all shouted “Pongalo, Pongalo””. We were eagerly waiting for the Pongal rice to be ready and it was really tasty. In the afternoon we had the sugarcane, it was nice to see some of my friends struggling to peel out the skin of sugarcane, and some were really good in peeling out and eat the maximum. It was a fun filled day.

Pongal is as a harvest festival and celebrated especially in Tamilnadu .We celebrated Pongal on the 15th of January. We collected all the vegetables and fruits from our farm and decorated the hall by making a Vegetable Rangoli. This year, we made Tamil Pongal rice with the help of Murugan and his family, who are from Tamilnadu. We began

Chaitra



Vegetable Rogoli



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