



Director's Note

The life experience with children has proved many times in my life that I cannot be a father, mother, or brother in its full sense.

the words by Pope Francis made to reflect again and again. He said; the way we relate to children, the extent to which we respect their innate human dignity and fundamental rights, express what kind of adults we are and want to be, and what kind of society we want to build.

The Independence Day celebrations were coordinated by our plus two students and it as well organized. Gandhiji, the father of the nation, has spoken about discipline which is very essential. The students should be, above all humble, and correct... the greatest to remain great has to be lowliest by choice. If I can speak from my knowledge of Hindu belief, the life of the student is to correspond to the life of a 'Sanyasi' up to the time his studies end. He is to be under the strictest discipline. Our father of the nation reminds us that the discipline we practice in Snehagram is not to be left in life but to be valued all throughout life and it is vital to remain great. The positive running program we have launched in memory of Rishi through the support of Dr. Anitha Shet and Dr. Arun tells us the same. With Discipline, you focus each day on doing what you need to do to achieve your goal.

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Dettol Banega Swachh India

In the 13th and 14th, we had attended training in Vidyadeep College in Bangalore, which was conducted by Dettol Banega Swachh India. We had all gathered from different districts of Karnataka. We the fellows and the mentors had also attended the training. There were 40 including the members of I'M POSSIBLE FELLOWSHIP. In the morning we had the inauguration where we had the welcoming of the guests and invoking of the blessings of the almighty God. Each one of the trainees was given a district which they have to represent. The overview of the program and the training was given by Dr. Michael Babu Raj

The objective of the program was to enhance the knowledge and practical information on health and hygiene. Mr. Puniya Swamy was the main trainer and he really filled the minds with accurate knowledge and he beautifully demonstrated the ways to be healthy and happy, he showed us the major way to be happy and healthy is to maintain hygiene. There were 3 books designed to teach about health and hygiene to various age groups, the books were in levels (level one: age 5-7/ level two: age 8-12/ level three: age 12-18).

It indeed showed, how to convey the same message easily to different age groups. There were enough assignments to make the trainees work and learn, some of it was group works, chat works, presentation, demonstrations, explanation and etc. Every participant was given a certificate after the workshop. This training will certainly help in improving hygiene practice and teaching others to maintain hygiene which in return will sustain one's health.

Gowthami



Independence Day



In Snehagram this was my 4th Independence day celebration. It was an opportunity for us the senior secondary group to organize the complete program of the day. Planning alone took away a lot of time as it was our first time we had to brainstorm ideas to make it more creative. To make the planning and organizing easier the best option was to take the guidance of the seniors and so we

did it by taking their ideas. We split ourselves into different groups and divided the activities and were asked to make the needed preparation. With the nearing of the day the only thing that was running in our minds was will everything take place as we have planned. We conducted quizzes, word games, brain games, indoor and outdoor games, Independence day related games, and surely cricket match

Being the main organizer I lost my temper twice at my team as there was unwanted confusion and chaos while organizing but after all the events I expressed a feeling of relaxation and ease. Later I and my team sat together appreciating the hard works and evaluated the downfalls and the ways to improve next time. It was nice to hear from our staff and mentors the words of appreciation

Here I understood that we really learn the management skill which was studied in the books, surely this practical experience will not be lost and it has only built my inner confidence and boosted my skills.

Srinitha



The Joy of Pet Care



Animals have been a part of our lives for thousands of years. We started keeping company with them as soon as we realized that dogs could help us hunt, cats would exterminate the rodents robbing our grain stores and horses offered transportation. Pets have evolved to become acutely attuned to humans and our behavior and emotions. It is said “An animal's eyes have the power to speak a great language” and this may be true as we humans find a lot of time to spend with the pets these days. Pets, especially dogs and cats can reduce stress, anxiety, and depression,

ease loneliness, encourage exercise and playfulness and even improve our health. Caring for an animal can help children grow up more secure and active. Pets also provide valuable companionship for older adults. A pet can add happiness and love to your life.

It is said that “A dog is the only thing on earth that loves you more than you love yourself”. We in Snehagram have dogs, cats, cows, fish, hens, rabbits, and birds; but of all these the students love to cling to the dogs most of the time. They love to run around and play with the puppies and to take them for a walk or to wash them. This is also a recreational activity for the children to enjoy and relax. It is good to have more of them.

Raju

Sale of Organic Vegetables

Snehagram has been growing its own vegetables and fruits for many years now. The farming in Snehagram follows the organic method as organic farming is a specific system of farming that aims to produce quality food in a manner beneficial to the environment and to wildlife. Due to COVID, we had stopped the sales of vegetables in our local area, and now as the COVID restrictions are lifted the marketing and sales of vegetables have been resumed. Adhering to the COVID precautions, the students sell farm-fresh organic vegetables.



As the vegetables are harvested the students take them to the nearby bus stop and put them for sale from around 4.00 pm to 6.00 pm. The sales take place four times a week so that there is enough gap for the vegetables to grow and mature well. The sales are received well in the local community as they have found the vegetables very fresh and healthy.

The motto of the sale is to motivate the community to stop the use of herbicides, pesticides, and other chemical-based products to grow the vegetables and to promote organic farming for better and happy health of self and the environment. It is a great experience to interact with the customers and really it is a great experience, I personally love the bargaining that the customers do for reducing the price. It is not the matter of how much money we earn it is all about how much experience we gain.

Sridhar



Trekking to the Striking Summit of the Mountain



There is a saying "It is not the mountain we conquer, but ourselves." Every time we take a trip to the mountain, we explore something new and in every walk with nature there we receive far more than we seek. There's nothing quite like the feeling of fresh air on your face and rugged terrain underfoot as you reach the summit of the mountain. We organized a run to the mountain and climbed it with excitement and thrill to reach the top, and as we neared the peak of the mountain, we were nearly exhausted but still,

we stretched ourselves and made it to the top. Once we reached the top, the gentle breeze and the warm rays of the sun made us forget the physical tiredness and helped us enjoy the present moment. To have some food and drink after the heavy walk and particularly amid the captivating nature is an experience that cannot be put into words but only to be experienced. It is always exciting to wait for the next visit to the mountain.



Nirmala

Reach-out Camps Held



I'm possible fellowship was an initiative to build leaders and mentors to reach out to the community of HIV infected and affected. For the past 2 months (July and August) there were various camps conducted under the banner "Naanu Nammavaru" which means me and my people. All the fellows and mentors were given on-field training and had gone through preparation for conducting camps on various skills and themes specified. Teaching such a hungry group was a privilege and the interaction was wonderful, all were in a bond just like

close friends. Coming they were strangers and going they were friends, most came down with strong heart and going was so painful for many as they had to go back, but surely they were happy as they certainly can get back together soon and later. Influencing and motivating them as a peer leader is so satisfying and always want to do more.



Netra

Launching the Positive Running Program



Positive Running Program was officially launched on 22 August 2021 as this day marked the birthday of late Rishi and it was the best day to launch the program. The whole day was dedicated to Rishishet, son of Dr. Anitha and Dr. Arun. We organized the 3km run to kick start the day and Ms. Devika a trainee athlete and student of Surana College Bengaluru, flagged off and joined the run with the children. The group of students filled the narrow rounds of the village making the villagers

excited and amused, running in the bright shining light. Sridhar one of the Snehagram students finished the run in first-place clocking around 10min and 34 seconds. It took 20 minutes for everyone to complete the run, followed by a healthy breakfast. We took part in the Holy Eucharist at 9.30 am presided over by Fr. William.

We offered our prayers, thoughts, and blessings to Rishi and his family. Few of the family members in and around Bangalore joined the celebration and the rest who couldn't travel participated through the 'zoom' online platform. The celebrations continued as we had few stage programs such as dances, songs, skits, mime, and speeches. A cricket match was organized in the evening and the winners claimed the Rishi Memorial Cup. The day which was dedicated to the project Running Positive came to an end as we continue to hold on to the memories of Rishi.



Suhas



Birthday Celebration of Fr. Baby Ellickal

It was a blessed opportunity to have Rev. Fr. Baby Ellickal, Provincial of Camillians, India and President of Sneha Charitable Trust, in Snehagram for a friendly visit. The day being his birthday, we shared the gift of life by cutting the cake and wishing him our prayers and thoughts.

Birthday of Fr Joy Celebrated

Rev. Fr. Joy who was in Snehagram for the last 5 years helping and supporting the students chose to celebrate his birthday in Snehagram family. It was the privilege to remember and celebrate the birthday of Fr. Joy. The entire Snehagram family shared the happiness together.



Fr. Teji Birthday

On the 29th of September, the birthday of Fr. Teji the director of Snehagram was celebrated. The students and staff of Snehagram were very excited to celebrate the first birthday of Fr. Teji in Snehagram. The complete day was filled with enjoyment and excitement. Various games and competition was organized, this added variety and happiness to each individual



. The evening hours were covered with cultural programs and appetizing meals. We continue to celebrate, rejoice, and pray for all our beloved ones especially our parents. We thank God for the gift of Fr. Teji in Snehagram as the director and ask blessing in all the work he does.

Teacher's Day Celebrated



India has been celebrating September 5 as Teachers' Day since 1962, to honor Dr. Radhakrishnan's remarkable approach towards education and students. Teachers' Day is a special day for the appreciation of teachers and may include celebrations to honor them for their special contributions in a particular field area, or the community in general. As part of appreciating the teachers, Snehagram students had prepared a few programs and games for teachers and staff. It was a day of joy and delight especially to see all the teachers dance, play like little children, and laugh out excitedly and happily. The students did stage few programs for the day and wished teachers with cards, gifts, and speeches.

Umesh

A Warm Welcome to Our New Staff

Snehagram welcomed Ms. Reni our new staff to our large family. Sincere welcome Ms. Reni! Ms. Reni will work with the students to help and support them in their emotional and psychological well-being. It gives all of us at Snehagram great joy to have more staff joining the family and we wish best wishes and a wonderful time for Ms. Reni in the days to come.



More  into Those Hands....



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