



**CHRIST**  
(DEEMED TO BE UNIVERSITY)  
BANGALORE • INDIA

# *Project* **SPANDAN** *Pulse of Compassion*

2018-2019









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ಕ್ರೈಸ್ತ ಯೂನಿವರ್ಸಿಟಿ CHRIST UNIVERSITY

## Mission

"Christ University is a nurturing ground for an individual's holistic development to make effective contribution to the society in a dynamic environment."

## Vision

Christ University, a premier educational institution, is an academic fraternity of individuals dedicated to the motto of 'EXCELLENCE AND SERVICE'.

We strive to reach out to the star of perfection through an earnest academic pursuit for 'excellence' and our efforts blossom into 'service' through our creative and empathetic involvement in the society to transform it.

Education prepares one to face the challenges of life by bringing out the best in him/her. If this is well accepted, education should be relevant to the needs of the time and address the problems of the day. Being inspired by Blessed Kuria-kose Elias Chavara, the founder of Carmelites of Mary Immaculate and the pioneer in innovative education, Christ University was proactive to define and redefine its mission and strategies reading the signs of the time.





# Snehagram: Mission

Our mission is to ensure quality of life and future of the orphan and vulnerable children infected with HIV and lead them to a healthy and productive adulthood, by comprehensively addressing their real and felt needs on education, health, psycho-social support, vocational training and life skill education. In this mission, our main objectives will be:

- To enable the children to develop their skills through vocational training based on their aptitude.
- To encourage the children to attain optimum education based on their scholastic performance.
- To ensure quality of life through psycho social care and adolescent friendly nutritional support.
- To increase productivity through a cost-effective and sustainable intervention model.
- To build self esteem and confidence through a comprehensive vocational training package.





# About Project Spandan

Project Spandan is an initiative taken by the students of Christ University under Father Thomas C Mathew, the Vice Chancellor of Christ University. Project Spandan aims at providing an opportunity to interact with, support and guide the children of Snehagram, thus enabling them to face their educational needs. Project Spandan has students coming from across the university to take the initiative and help restore the light of compassion through teaching. The various departments that are a part of this programme are, Department of Professional Studies, Department of Management Studies, Department of Psychology, and the Department of Commerce. The subjects to be taught are divided amongst the various departments thus enabling an outreach that is beneficial and efficient.

## Objectives Of Project Spandan:

- To enable an outlook toward the future by creating awareness about leading a responsible life
- To develop a methodology on how to reach young minds on important themes such equality, discrimination etc. through the interactions
- To help in discovering one's own level of social and civic mindedness and what gaps there might be in awareness and knowledge regarding the themes and subjects.





## DEPARTMENT OF COMMERCE

*"The best way to find yourself is to lose yourself in the service of others"*

-Mahatma Gandhi

Project Spandan is a great initiative by Center for Social Action and we are glad to be a part of it. We thank our Associate Dean Dr Tomy K Kallarakal and Head of the Department Dr Theresa Nithila Vincent for giving us such an opportunity. It is a platform to give back to the society for all that we receive. We have been actively engaged in this project. It is an opportunity to explore ourselves. It has opened the doors for knowledge sharing. It has always been a two-way knowledge sharing session, we give what we know and gain something new in every visit.

A few factors which inspires us is punctuality, quest for knowledge and hardworking nature of the students. Their inquisitiveness to learn gives us an opportunity to prepare better. Our teaching is not confined only to books, it extends to trending topics like GST and Digitalization. Cultural night is a medium to bring a smile on the faces of the kids. We are successful in doing it. We find our self-satisfaction in their happiness. In all our visits, we have put in our best efforts to bring a change in their lives and we will continue to do further.





## DEPARTMENT OF PSYCHOLOGY

The team from the Department of Psychology has been conducting life skills training for improving the overall performance and well-being of the children in Sneham. We have been offering core life skills based on WHO framework. For the last two years, students of the Department, have been involved in conducting not only life skill intervention in order to enhance the Social, Personal and Cognitive Skills of the children. The team from the Department of Psychology is built on a service learning model which contributes to the development of both the children in Sneham and the student volunteers of the University.

For the other volunteers as well as myself, the project is about moulding the kids and in time, it has also moulded us, made us better people. We learnt so many new things, through unique ways, starting from working with different people from various backgrounds, it really taught us how to function in a team and enjoy doing it. The interactions with the children and the experience as a whole taught us more about the world outside the confines of class and the campus.





## DEPARTMENT OF PROFESSIONAL STUDIES

Perhaps one of the most enriching experiences of my life so far has been the recent visit to Snehagram - a home for youth afflicted with HIV. Ruthlessly abandoned by their biological families and lovingly embraced by empathetic strangers, Snehagram is an institution for nourishing the less fortunate ones. This program is a splendid initiative taken by Christ University every year, where a few select students, capable of imparting knowledge and affection to the inhabitants, are sent to Snehagram. The visit consists of an unadulterated period of overnight stay on weekends. Although we are the designated teachers, the time spent with these children, belonging to the age group of seven to eighteen years, turns out to be extremely fulfilling

for us as well, because it helps us reunite with the most integral values of life which should be imbibed in each individual, such as self-esteem, confidence, acceptance and unconditional love for oneself.

Owing to the horrendous taboo associated with being HIV-affected, opportunities are limited for such people. However, as much as their intellectual growth is restricted to the four walls of Snehagram, these children have an expanded range of emotional capabilities, much beyond our imagination.

This initiative is a step towards eliminating stigma and instead fostering an altruistic spirit in the society. The learning from this experience is so rich that it inevitably encourages us to carry on this program year after year.





## DEPARTMENT OF MANAGEMENT STUDIES

Project Spandan is an initiative taken by CHRIST to help children suffering from HIV. It provides Christites a chance to contribute their bit towards the betterment of these children's lives.

The Department of Management Studies has been actively contributing to Spandan through its faculty and students. We work towards their education by designing course packs and teaching various subjects and also encourage them to shape their own lives. The students of our department visited Snehagram last year. During their visits, they spent quality time with the children; both teaching and learning. The classes were designed to encourage student interaction and thus involved many activities and games.

Students were also encouraged to share their opinions about their lives ahead and their expectations from the future. The classes were followed by lunch and games. It was a humbling experience for the students to go back to basics and experience life at its best, without the usual hustle-bustle of city life. The future visits will provide our students an opportunity to interact with new people and learn more about them and at the same time, to potentially change their lives and their outlook towards life.



# CALENDAR OF VISITS 2018-2019

JUNE 18	JULY 18	AUG 18	SEP 18	NOV 18	DEC 18	JAN 19	FEB 19	MAR 19
23-24 PSY	14-15 DPS	18-19 COM	15-16 DMS	10-11 DMS	8-9 PSY	5-6 PSY	2-3 DMS	2-3 COM
30-1 COM	28-29 PSY	25-26 PSY	22-23 PSY	17-18 PSY	15-16 DPS		9-10 PSY	9-10 PSY
							16-17 DPS	
			29-30 DPS	24-25 COM			23-24 DMS	



# SUMMARY

<b>Date of Visits:</b>	<p>June 30- July 1 (2018)</p> <p>August 25-26 (2018)</p> <p>November 24-25 (2018)</p> <p>February 2-3 (2019)</p>
<b>Course Name:</b>	Business Studies
<b>Course Description:</b>	<p>Business has become an indispensable part of our society. It provides variety of goods and services as per our needs. It also offers various opportunities to earn our livelihood. This course is designed to provide insights to learners regarding world of business, recognize its importance, objectives, understand the different types of business activities and new developments in the field of business.</p>
<b>Course Objective:</b>	<ol style="list-style-type: none"> <li>1. To understand the nature and scope of business activities and social responsibilities of business.</li> <li>2. Classify the business activities into industry and commerce and decide the form of organization for the same</li> <li>3. To understand and know the importance of functions of management.</li> <li>4. To get an idea about marketing and different types of marketing.</li> </ol>

# COURSE PLAN

Date	Topic	Methodology	Learning objective	Expected outcome	Reference Material/ work sheets
<b>June 30, July 1</b>	Nature and scope of business  Business support services	Activity based teaching, with examples, videos and presentations.	Understanding the role of business, characteristics and different types of business.	To be familiar with the theoretical concept of business world.	National institute of open schooling textbooks, senior secondary e-books
<b>August 25, 26</b>	Forms of business organization  Self-employment	Activity based teaching, with examples, videos and presentations	Appreciate the need and importance of various forms of business and self-employment	To be aware of various forms of business in the world.	National institute of open schooling textbooks, senior secondary e-books
<b>November 24, 25</b>	Functions of management  Planning and organizing  Staffing  Directing  Coordination and controlling	Activity based teaching, with examples, videos and presentations	To be familiar with the basic functions of management	To understand the importance and various functions of management.	National institute of open schooling textbooks, senior secondary e-books
<b>February 2, 3</b>	Introduction to marketing  Marketing mix  Advertising and salesmanship	Activity based teaching, with examples, videos and presentations	Appreciate the importance of marketing and understand the concept of marketing mix and salesmanship	To be aware of various marketing concepts like advertising and salesmanship	National institute of open schooling textbooks, senior secondary e-books



# ACTIVITIES

Date	Name of Activity	Activity Description	Learning Objective	Expected Outcome
<b>June 30, July 1</b>	Chart creation	Create charts for students which will aid in visual description	Appreciate the need and importance of various business aspects	To become familiar with theoretical concepts of business world
<b>August 25,26</b>	Pictionary	The selected student should depict the business related word or a sentence with pictures only and the class is expected to guess the word.	Understand the various forms of business organizations	To be familiar and understand forms of business organizations
<b>November 24 ,25</b>	Crossword puzzle	A crossword puzzle is created pertaining functions of management. Clues are given regarding that word. With the help of the clues, students are expected to solve the puzzle.	Understand and be familiar with various functions of management such as planning, organization, staffing, directing, coordinating and controlling	To understand and be aware of the importance of functions of management
<b>February 2,3</b>	Jumbled words	A sentence related to the subject would be completely shuffled and the students should rearrange the sentence.	Appreciate the need for marketing in business and types of marketing	Understand theoretically the basic concepts of marketing



# SUMMARY

<b>Department Name</b>	<b>DEPARTMENT OF PROFESSIONAL STUDIES</b>
Date of Visits:	JULY 7-8, SEPTEMBER 22-23, DECEMBER 15-16, FEBRUARY 16-17
<b>Course Description:</b>	We use basic mathematics in our daily lives all the time. Reaching our destinations at a particular time, shopping, following a particular recipe and paying bills all require basic mathematical skills. Functional mathematical skills equip us to live independently. Understanding the basics of money exchange, budgeting and time management help us to perform important tasks required in our day to day life. So this course structure is effectively designed in a way to achieve our overall objectives.
<b>Course Objective:</b>	To train students to become independent in their individual life. Through our course teachings of basic mathematics, efficient budgeting and time management we hope to equip students with a practical approach to the real world.



# COURSE PLAN

Date	Topic	Methodology	Learning objective	Expected outcome	Reference Material/ work sheets
<b>7,8 JULY</b>	<u>BASIC MATH</u> Numerals(forward & backward)  Ascending and descending order  Place the correct symbols (<, >, =)  Fractions	Through interactive activities and games.	To ensure a basic understanding of the number system that is in place and enable students to apply basic mathematics in daily life in an offhand manner.	The students should be able to identify the basic numbers and understand the numeric system.	Basic and general math and English.  -Ramnivas mathurya.
<b>22,23 SEPTEMBER</b>	<u>BASIC MATH</u> Revision of the basic BODMAS functions of addition, subtraction, multiplication and division through practical problems.	Practical demonstration of the solutions.	To make sure that the basic mathematical operations are understood.	The students should be able to apply basic mathematical functions in solving practical problems encountered in daily life.	How to be good at math - Carol Vorderman
<b>15,16 DECEMBER</b>	<u>MONEY MANAGEMENT</u>	Through the aid of a <i>MOCK MARKET</i> wherein exchange activities will be	To ensure that they are able to manage their savings and	Students are taught to manage their money and how to measure,	Think and grow rich – Napoleon Hill



		performed by the students.	expenditure of money.	value & spend money	
<b>16,17 FEBRUARY</b>	<u>TIME MANAGEMENT</u>	Through the help of practical problem solving activities and an interactive skit	To teach them what time is, how to tell time and understand the importance of time factor in our lives.	The students should gain a basic understanding on time management.	Time management for students – Vijay Agarwal.



# ACTIVITIES

Date	Name of Activity	Activity Description	Learning Objective	Expected Outcome
<b>7,8 JULY</b>	<b>Jump steps</b>	Number the steps on the ground and instruct the students to jump forward or backward and asking them to find the step they are on.	Enabling them to understand the basic number system in practice through practical activities.	Students should develop an accurate knowledge about numerals and number recognition.
<b>22,23 SEPTEMBER</b>	<b>Sharing is caring</b>	Distribute a few objects amongst the students in order to teach them borrowing and sharing as well as functions of math.	Facilitate an understanding of addition and subtraction in a functional way.	The students will have a practical knowledge of the basic mathematical operations.
<b>15,16 DECEMBER</b>	<b>Small village</b>	A mock market where earning, saving and spending habits are imparted.	To ensure that everyday procedures are learnt in a simple way and saving is constrained but spending is managed properly.	The students will be accustomed to the habits of saving and spending.
<b>FEBRUARY 16-17</b>	<b>Clock tower</b>	An activity where students will be taught to read and tell time in order to plan for their activities.	To enable an understanding of the importance of time.	The students will gain an insight into time management and planning.



# SUMMARY

<b>Course Name:</b>	<b>BASIC BANKING</b>
<b>Course Description:</b>	India is adopting a fast growth in terms of technology upgradation in all sectors including the banking system. The banking system is a complex world and as we aim to attain a cash free economy, a basic understanding of banking functionalities becomes a necessity for students.
<b>Course Objective:</b>	To give the students a brief about the banking system prevalent in the real world. They will be taught the basic banking activities such as how to operate a bank account, withdraw cash, use the ATM and understanding the use of a debit card etc. It aims to facilitate an accurate knowledge of the banking functions.



# COURSE PLAN

	Topic	Methodology	Learning objective	Expected outcome	Reference Material/ work sheets
<b>JULY 7-8</b>	Fundamentals of opening a bank account.	With the aid of duplicate samples of bank applications and through a practical module on registration for PAN card.	In order to improve the knowledge of basic banking and an understanding about the working of a cashless India.	The students should know how to make a bank account and will have a clear knowledge about why there is a need of bank accounts in this world.	'Banking awareness' Arihant.  'Swamy's handbook' 2018 edition.  Regional Rural banks of India, evolution, performance and management.
<b>SEPTEMBER 22-23</b>	<u>ONLINE BANKING</u>  Online payment methods  Details about credit and debit cards  Safety measures to be ensured during online transactions	Through an experimentation of the various types of online payment methods and videos on the process of payments.  A practical approach to understand safety measures	To facilitate easy ways to grasp the core content of online banking.	The students will understand how to deal with online banking, online transactions, and online methods of money making.	E-banking and e-commerce book.  Digital bank strategies launch or become a digital bank.  E-banking management issues,



		during online transactions.			strategies and solutions.  E-banking and emerging multi-disciplinary process.
<b>DECEMBER 15-16</b>	<u>Credit card and bank terms</u>	Practical usage of the bank procedures and the credit card usage other than in net banking will be discussed. Terms and conditions on the usage of the credit card will be taught using role plays and videos.	To ensure that core knowledge about basic banking should be precise and perfect.	The students will gain a good thought perspective about the details of system and a knowledge about the interest rates.	Navigating through the risks of credit card processing: EPub Edition Bill Pirtle, 2010.  The Credit Card industry: Emerging Trends Francis Duffy. 1988.
<b>FEBRUARY 16-17</b>	<u>READING THE BANK STATEMENT</u>	By displaying the proforma of a passbook and through problems on balancing the passbook and cash book. Guided process of filling out transactions in the pass book.	To ensure a knowledge of the transactions in their account and a complete understanding of the working of the different types of accounts,	They must gain an assurance about the clarity of their account and its non-illegality in their transactions. Students will understand the guarantee about their credibility.	'The house of the Morgan.'  'An American banking dynasty and the rise of modern finance.'



# ACTIVITIES

Date	Name of Activity	Activity Description	Learning Objective	Expected Outcome
<b>July 7-8</b>	Physical procedure of saving an account	Showing the physical procedure of making a bank account by displaying to them the various procedures to complete the account.	They will know the exact manner and procedure for the opening of a bank account.	The students should individually be able to open an account and access it to the fullest.
<b>September 22-23</b>	Online banking movie	A short film about how online banking works. It's giving an insight into the many ways online banking can be utilized.	This activity help adapt them to the latest technology available.	The students should be able to utilize the new technologies in the best possible way.
<b>December 15-16</b>	Debit credit and atm	This is done by giving them physical debit cards and making a short drama.	After the new government policies it is mandatory to know the numerous ways to make cashless transactions.	The students are profound with all the cashless ways of transacting.
<b>February 16-17</b>	Passbook or checkbook	The students will be given fake passbooks and will be instructed to balance the same enabling a practical understanding.	To understand the value of a passbook and teach them why and how it must tally with our bank passbook and the personal cashbook.	The students will gain a knowledge about the difference in the traditional way of maintaining accounts and the online way. Also they will understand the importance of maintaining an account and its working.



# SUMMARY

<b>Course Name:</b>	<b>BUSINESS COMMUNICATION</b>
<b>Course Description:</b>	<p>Business communication is an essential subject to be addressed to children before they enter into the corporate world. Business communication in any corporate situation will require a good team spirit and coordination, with the help of group activities, we will help the students learn effective communication as required in teams. This entire course is designed with plenty of activities to keep the students interested and to facilitate on interactive learning lesson.</p>
<b>Course Objective:</b>	<p>Communication includes both verbal and written activities and this course aims to equip students with knowledge of body language and postures for effective verbal communication, formats and vocabulary for efficient written communication. Various lessons such as time management, morale and ethics will also be addressed to ensure a holistic development.</p>



# COURSE PLAN

	Topic	Methodology	Learning objective	Expected outcome	Reference Material/ worksheets
<b>JULY 7-8</b>	<u>INTRODUCTION TO BUSINESS COMMUNICATION</u>  Define, explain, process and its components.  Responsibilities of a good communicator.  What is language?  Barriers to effective communication.  Importance of communication  Active listening.	An interactive learning session where through activities and games students will be taught the basics to communication.	Listening skills  Importance of communication  Responsibilities of a good communicator  Barriers to communication  Question asking.	Learn importance of communication  Impact of body language  Listening skills	BUSINESS COMMUNICATION FOR SUCCESS  <i>(anonymous author)</i>  50 COMMUNICATION ACTIVITIES  ICEBREAKERS AND EXERCISES
<b>SEPTEMBER 22-23</b>	<u>WRITTEN COMMUNICATION</u>  Improving written communication  Formats of formal written documents  Barriers to effective communication  Idioms and Phrases  Good Vocabulary	A hands on practice session of written communication to facilitate effective writing skills.  <i>(Letter writing, Reports, Essays, Emails, Story writing, Resume, Notice)</i>  Comprehension skills	Understand and learn formal formats  Be able to explain in words their thought and views.  Enhance their creativity  Develop their erudition in vocabulary	The children will have an inclination towards writing and communicating effectively their thoughts in written format.  They will also be able to get a firm grasp of the written language.	same as above  <i>(chart and paint, printed word search games)</i>



<b>DECEMBER 15-16</b>	<u>VERBAL COMMUNICATION</u>				same as above
	Improving verbal communication.	Verbal communication will be dealt with the help of interactive activities and oratory performances	Effective verbal communication, Develop a good eye contact Respect for speakers	The students will be able to communicate their thoughts effectively through words and remove any misunderstandings due to lack of clarity.	(topics for story prompts to be prepared)
	Developing the ability to grasp the audience's attention.		Explain body language and the importance of postures		
	Improve their tone and modulations.	(story telling, hat speeches, debates, group discussions)	Enhancing the grasp of language		
	Understand difference in perspective of individuals.		Overcome stage fear	The students will also gain a sense of confidence while presenting themselves on any platform.	
<b>FEBRUARY 16-17</b>	<u>COORDINATION IN A GROUP.</u>				same as above
	Teamwork and Coordination	With the help of various group activities that develop unity as well as values and ethics	Teamwork Spirit of unity Life lessons Interaction, Team building, Leadership skills	These exercises will expose the students to the reality of the world where one is required to work with each other.	(Props required for games i.e. hula hoop, newspaper, ball etc.)
	Leadership qualities		Cooperation and Coordination while retaining originality		
	Ethical and Moral values				



# ACTIVITIES

Date	Name of Activity	Activity Description	Learning Objective	Expected Outcome
July 7-8	Emotional charades	To enact words in a specific emotion as given.	Understand body language	Children learn to interact with each other and understand the components to effective communication
	Chinese whisper	Pass around an idiom or phrase to see the result.	Listening skills	
	20 Questions	Guess a famous personality with the help of 20 questions.	Importance of effective questioning in communication	
	Origami instructions	Listen to instructions given eyes closed	Listening skills	
	Find the hidden object maze	Maneuver through a maze blindfolded with instructions	Listening skills	
September 22-23	Story prompts	Given a starting line, can you complete the story?	Creative thinking and writing skills, Build vocabulary	Children develop their creativity and learn to express thoughts in words
	Word hunt	Search for words in a given word hunt.	Story writing skills.	
	Vocabulary story and picture story	Make a story with the given words/pictures		



September 22-23	<p>Story prompts</p> <p>Word hunt</p> <p>Vocabulary story and picture story</p>	<p>Given a starting line, can you complete the story?</p> <p>Search for words in a given word hunt.</p> <p>Make a story with the given words/pictures</p>	<p>Creative thinking and writing skills, Build vocabulary</p> <p>Story writing skills.</p>	Children develop their creativity and learn to express thoughts in words
December 15-16	<p>Sell your business to me with Advertisement</p> <p>Job Interview</p> <p>Introduce yourself</p> <p>Role play conversations</p>	<p>Make an innovative product and design an ad to sell it.</p> <p>How to conduct yourself during a job interview for particular positions according to skill sets</p> <p>Basic communication skill to present oneself.</p> <p>Assign famous roles to individuals and allow them to exchange dialogues in manner and style as character</p> <p>Allow the children to paint a picture</p>	<p>Convincing skills</p> <p>Body language</p> <p>Self Confidence</p> <p>Imp of body language and expression in verbal communication.</p>	Children overcome stage fear and learn to be confident in expression



	Paint and tell	and tell a story behind it.	Creative thinking and storytelling skills	
February 16-17	<p>Doctor tangled.</p> <p>Order story picture sequence.</p> <p>Newspaper tower and boats</p> <p>Propose a play</p>	<p>Hold hands in a line and pass a hula hoop without talking.</p> <p>Pictures of a famous story will be distributed haphazardly and students will arrange themselves in chronological order without talking</p> <p>See which group can make the tallest tower, has to be sturdy as well, opposition team try to blow down. Make 50 identical boats in 10 mins.</p> <p>Teams draft a play and enact in class</p>	<p>Importance of language in communication and teamwork</p> <p>Creative thinking and unity</p> <p>Time management and teamwork, leadership skills</p> <p>Effective coordination and creativity</p>	<p>Children learn to work in unity and understand the importance of teamwork, also takeaway some life lessons</p>



# SUMMARY

<b>Department Name:</b>	<b>Department of Psychology</b>
<b>No of Visits:</b>	9
<b>Course Name:</b>	Life Skill Training and Therapeutic Intervention
<b>Course Description:</b>	
<b>Course Objective:</b>	<p>To facilitate greater holistic development via:</p> <ul style="list-style-type: none"><li>• To develop learning profile for all the inmates.</li><li>• To understand the level of competencies among adolescents with HIV infection.</li><li>• To building life skills to manage their emotions and adapt with the new social situations and needs.</li><li>• Building resilience and self perception among adolescents with HIV infection.</li></ul>



# COURSE PLAN

Date	Topic	Methodology	Learning objective	Expected outcome	Reference material/work sheets
<b>July 14,15</b>	Self-awareness	Individual and group activities, interactive lecture, outbound activities, role play and games	To get a clear perception of an individual's strength, weakness, emotions and so on.	To better understand one's own actions. To	
	<b>Empathy</b>		To learn being sensitive to others' feelings and not be judgemental.	To be able to show unconditional positive regard.	
<b>August 18,19</b>	<b>Group dynamics and team building</b>		To understand the process involved in team building and group dynamics.	To be able to participate in the group effectively.	
	<b>Communication</b>		To empower students to become good communicators.	To improve on their listening and speaking skills, to be able to communicate effectively.	
<b>September 15,6</b>	<b>Personality development</b>		To develop strategies for personality development.	To understand various dimensions of behaviour, patterns of thoughts and actions contributing to organizational effectiveness.	



	<b>Interpersonal relations</b>		To create awareness among individuals about various aspects of interpersonal relationships and its importance.	Understanding the significance of interpersonal relationships, positive & negative aspects and life positions.	
<b>November 17,18</b>	<b>Problem solving, decision making and conflict management</b>		To familiarise individuals with importance of managing conflicts, intrapersonal, interpersonal, group and goal conflicts.	To be able to manage these situations and conflicts using appropriate conflict resolution styles.	
<b>December 8,9</b>	<b>Stress management</b>		Addresses how to cope with stress and to handle stressful situations effectively.	To be able to manage with these situations effectively using various self-reflections, assessment and relaxation techniques.	



	<b>Time management</b>		Addresses various concepts like hard/smart work, goal setting, steps to better time management.	To be able to manage time efficiently with relevant knowledge, skills, attitudes.	
<b>January 5,6</b>	<b>Gender sensitization</b>		To address the needs of a particular gender, awareness about gender related issues and how to address them effectively.	To be more open-minded, rational and unbiased about gender and gender related issues.	
<b>February 9,10</b>	<b>Mentoring and counselling</b>		Focuses on how to become a skilled mentor.	To be able to match up to a mentee and maintain a successful relationship.	
	<b>Motivation</b>		Provides awareness about multifaceted influence of motivation, the role it plays in effective organizational functioning.	Individuals will be able to focus on various motivational types, learn how to motivate themselves and others.	



# SUMMARY

<b>Department Name</b>	Department of Management Studies
<b>Date of Visits</b>	28.07.2018/29.07.2018 and 29.09.2018/30.09.2018
<b>Course Name</b>	Economics
<b>Course Description</b>	The branch of knowledge concerned with production, consumption and distribution of wealth
<b>Course Objective</b>	<ul style="list-style-type: none"><li>• To demonstrate their knowledge of the fundamental and technical concepts of economics.</li><li>• To apply the basic theories of economics in critical thinking and problem solving.</li><li>• To be able to identify and use economics terminologies in oral and written communications.</li><li>• To demonstrate an awareness of their role in the global economics environment.</li><li>• To be able to make decisions wisely using cost-benefit analysis.</li><li>• To demonstrate a sense of responsibility and a capacity for service.</li><li>• To demonstrate an ability to examine their personal and professional beliefs and opinions and an understanding of the balance in life between work, play, family, and friends</li></ul>



# COURSE PLAN

Date	Topic	Methodology	Learning objective	Expected outcome	Reference Material/ work sheets
<b>28.07.2018/2 9.07.2018</b>	Basics of Economics	Collaborative discussion	To be able to assess their pre-existing knowledge about the subject	Conceptual knowledge	PowerPoint presentation (slideshare)  Video (YouTube)
<b>28.07.2018/2 9.07.2018</b>	Critical Events Related to Economics	Video Representation and activity.	To know the background and the reason for study of economics	Improved knowledge and deep understanding on evolution of Economics	PowerPoint presentation (slideshare)  Video (YouTube)
<b>28.07.2018/2 9.07.2018</b>	Economical Wealth Management	Practical Learning Methods	To know how to prioritize a need and manage finances efficiently	Use of cost benefit analysis and increased responsibility	PowerPoint presentation (slideshare)  Video (YouTube)
<b>28.07.2018/2 9.07.2018</b>	Demand and Supply	Classroom lecture, graphical explanation and activity	To study the demand theory and supply chain and various government functioning	Ability to recognize when change is appropriate, to adapt to change as it occurs, and to take the lead in creating change as the country's economic changes.	PowerPoint presentation (slideshare)  Video (Investopedia)



Date	Topic	Methodology	Learning objective	Expected outcome	Reference Material/ work sheets
<b>29.09.2018 /30.09.2018</b>	Behavioural Economics	Collaborative discussion	To be able to understand the human and consumer behaviour in the field of economics	Theoretical and Conceptual knowledge	PowerPoint presentation (slideshare)  Video (YouTube)
<b>29.09.2018 /30.09.2018</b>	Trends in Economics	Classroom lecture and activity	To know the ongoing trends in day to day human life	Improved knowledge and deep understanding on trends of Economics	PowerPoint presentation (slideshare)  Video (YouTube)
<b>29.09.2018 /30.09.2018</b>	Psychological Aspect of Economics	Video representation with personality enhancement.	To enable the student's thinking abilities	Better understanding of the surroundings	PowerPoint presentation (slideshare)  Video (YouTube)
<b>29.09.2018 /30.09.2018</b>	Setting Economical Goals	Classroom lecture, graphical explanation and activity	Providing the ability to prioritize and execute goals. Realize the importance of it.	Better understanding of available resources and planning them efficiently.	PowerPoint presentation (slideshare)  Video (Investopedia )



# ACTIVITIES

Date	Name of Activity	Activity Description	Learning Objective	Expected Outcome
<b>28.07.2018/29.07.2018</b>	Ice-breaking session (Snowball Tossing)	Every kid will be given 5 minutes to find out 3 important qualities about one classmate and then he will have to introduce that person to the class.	Better interpersonal knowledge and understanding .	Better communication between the students of Snehagram and CU
<b>28.07.2018/29.07.2018</b>	The history of Money	Creating a virtual market environment for the students to know the different evolutions in the currency.	To know the history of monetary systems	Improved knowledge and deep understanding on evolution of currency
<b>28.07.2018/29.07.2018</b>	The Game of Monopoly	Playing the board game of Monopoly	To improve the financial handling skills	Improved handling of the finances for real life usage

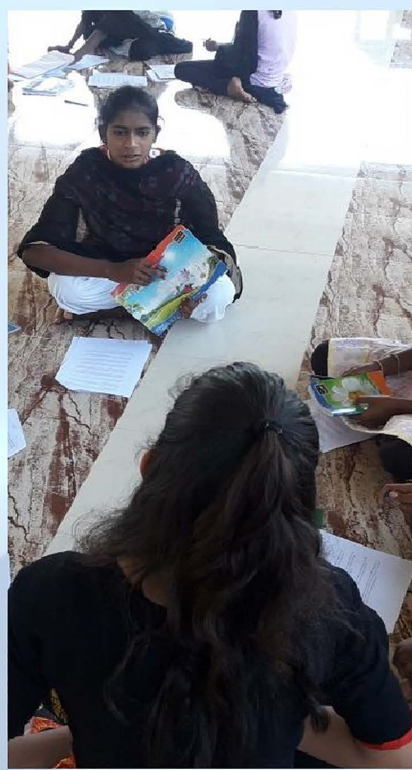


<b>28.07.2018/29.07.2018</b>	Virtual Market	Creating a market scenario where students are given objects to trade while bodies like the CG implement changes	To understand how markets function in the real world and how prices are controlled.	Ability to recognize when change is appropriate, to adapt to change as it occurs
<b>29.09.2018/30.09.2018</b>	Utility model	The person needs to conduct a survey on utility as taught on class and accordingly will make a creative graphical representation out of it.	Better creativity and increased knowledge about economics concepts.	Better way to explain them on how the market surveys work and would also instil creativity in them.













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